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**Sing, Move, Learn Music CD Song Lyrics & Actions**  
**By Jenny L. Clark, OTR/L**

**1. Apples Theme: Apples are Falling**

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown, used with permission)

Sung to the tune "Are You Sleeping?"

Apples are falling, apples are falling (*Action: move arms from head to ground, wiggle fingers*)

From the tree, from the tree. (*Action: stretch arms up high and wide for tree branches*)

Pick up all the apples, pick up all the apples, (*Action: pretend to pick up apples off the ground*)

One, two, three; one, two, three. (*Action: Use fingers to count out 1,2,3*)

**2. Butterflies/Caterpillars**

Sung to the tune "Are You Sleeping?"

Caterpillar, caterpillar,

Crawling by, crawling by.

Turn into a butterfly, Turn into a butterfly.

Spread your wings.

Fly away!

**3. Circus**

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown, used with permission)

Action song "Did You Ever See A Clown?" Sung to the tune "Did You Ever See A Lassie?"

Did you ever see a clown, a clown, a clown.

Did you ever see a clown, move this way and that?

Move this way and that way, and this way and that way.

Did you ever see a clown move this way and that?

(*Action: The teacher sings several times while showing students different ways to move their body, such as marching in place, swinging arms up and down, bending knees up and down etc.*)

**4. Cowboys**

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown, used with permission)

Sung to the tune "Are you sleeping?"

Let's go riding, let's go riding,

Saddle up. Saddle up.

Everybody ready? Everybody ready?

Giddyap! Giddyap!

Repeat 3 times.

*Perform these actions:*

*1<sup>st</sup> time: Hold arms out to pretend holding a horse's rein*

*2<sup>nd</sup> time: Pat thigh with hand to pretend patting a horse*

*3<sup>rd</sup> time: Wave 1 arm in the air to pretend to whirl a lasso*

**5. Dinosaurs Theme: Dino-Pokey**

Sung to the tune "Hokey Pokey"

You put your claws in (*Action: Move fingers like claws inside the circle group*)

You put your claws out (*Action: Move fingers like claws outside the circle group*)

You put your claws in (*Action: Move fingers like claws inside the circle group*)

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scratch 'em all about (*Action: Pretend to scratch finger claws in the air*)

You do the Dino-Pokey and you turn yourself about. (*Action: Spin around 1 time*)

That's what it's all about. (*Action: Clap in rhythm to these words*)

Additional Verses:

feet in/feet out/stomp them all about

teeth in/teeth out/chomp them all about

tail in/tail out/wag it all about

## 6. Earth Day/Recycle

Sung to the tune "The Paw Paw Patch"

Picking up the trash and put it in the trash can.

Picking up the trash and put it in the trash can.

Picking up the trash and put it in the trashcan, let's clean up our Earth!

## 7. Eggs

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown, used with permission)

Sung to the tune "The Paw-Paw Patch"

Hunt for eggs and put 'em in my basket,

Hunt for eggs and put 'em in my basket,

Hunt for eggs and put 'em in my basket,

Now my basket's full.

## 8. Evergreen Tree

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown, used with permission)

Sung to the tune "I'm A Little Teapot"

I'm a little pine tree- as you can see,

All the other pine trees are bigger than me.

Maybe when I grow up-then I'll be

A great big merry Holiday tree!

## 9. Fall Leaves Theme: The Leaves on the Trees

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown, used with permission)

"Sung to the tune "The Wheels on the bus"

*Action: Each child gets a paper orange or red leaf while singing the first verse.*

The leaves on the trees turn orange and red, orange and red, orange and red, the leaves on the trees turn orange and red, all around the town.

*Action: The children stand up and sing the second verse while dropping paper leaves and watching them fall to the floor.*

The leaves on the tree come tumbling down, tumbling down, tumbling down, the leaves on the tree come tumbling down, all around the town.

*Action: The children "swish" their leaves across the floor for verse three.*

The leaves on the trees go swish, swish, swish...swish, swish, swish...swish, swish, swish...the leaves on the trees go swish, swish, swish, all around the town.

*Action: For the last verse, have the children place their leaves on the floor in front of them and jump.*

We'll rake them in a pile and jump right in, jump right in, jump right in...we'll rake them in a pile and jump right in all around the town.

## 10. Fire Engines

Sung to the tune "Paw Paw Patch"

Hurry, hurry drive the fire truck. (*Action: Pretend to turn a steering wheel*)

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Hurry, hurry drive the fire truck.  
Hurry, hurry drive the fire truck.  
Ding, ding, ding, ding, ding.

Verse #2 Hurry, hurry climb the ladder... (*Action: Pretend to climb a ladder using arms only*)

Verse #3 Hurry, hurry, squirt the hoses... (*Action: Pretend to hold a hose and point it different directions*)

Verse #4 Hurry, hurry, put out the fire. (*Action: Bang hands on the floor*)

### 11. Friendship

Sing the following familiar song "The More We Get Together" while the children pass a heart shape around in a circle. The heart represents cooperation, friendship and equality.

The more we get together, together, together,  
The more we get together the happier we'll be.  
For your friends are my friends and my friends are your friends.  
The more we get together the happier we'll be.

### 12. Frogs

Sung to the tune "Five Little Speckled Frogs"

Five little speckled frogs,  
Sat on a speckled log,  
Eating the most delicious bugs.  
Yum, Yum.

One jumped into the pool,  
Where it was nice and cool,  
Then there were four more speckled frogs. Glub, glub!  
Five....Four....Three....Two.....One

*Actions: Have the children squat on the floor like frogs. One by one the children take turns to be the frog that jumps into the pool.*

### 13. Groundhog Day

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown, used with permission)

Sung to the tune "I'm a little Teapot"  
I'm a little groundhog, (*Action: Place hands on hips*)  
Short and brown.  
All winter long, (*Action: Rest head on hands and pretend to sleep*)  
I sleep underground.  
On February 2nd (*Action: Peek through cupped hands*)  
I peek out and then,  
If I see my shadow, (*Action: Put hands over head as if hiding in a hole*)  
I go in my hole again!

### 14. Hibernating Bears

(From [www.preschooleducation.com](http://www.preschooleducation.com) ; original author unknown. Used with permission)

Sung to the tune: "Are You Sleeping"  
Bear is sleeping, Bear is sleeping  
In a cave, In a cave.  
I wonder when he'll come out,  
I wonder when he'll come out.  
In the Spring, in the Spring.

### 15. Holiday Mice

Sung to the tune: "Three Blind Mice"  
Three white mice, three white mice,

See how they run, see how they run,  
They all ran after Santa Clause, they all ran after Santa Clause,  
To see if he left some presents,  
For three white mice.

### **16. Human Body**

*Sing the familiar song "Head, Shoulders, Knees and Toes" while performing the actions of touching the body parts with both hands as you name it.*

Head, shoulders, knees and toes, knees and toes.  
Head, shoulders, knees and toes, knees and toes, and  
Eyes, and ears, and mouth, and nose.  
Head, shoulders, knees and toes, knees and toes.

### **17. Mother's Day Theme: I Love Mommy**

Sung to the tune: "Are You Sleeping?"

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown. Used with permission)

I love Mommy, I love Mommy.

Yes I do; yes I do.

And my mommy loves me,

Yes, my mommy loves me,

Loves me too; loves me too.

### **18. Music**

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown. Used with permission)

Sung to the tune: "The Bear Went Over the Mountain"

Oh, my hands are starting to wiggle,

My hands are starting to wiggle,

My hands are starting to wiggle,

And So is the rest of me!

*(Repeat using different body parts; arms, feet, legs, fingers, thumbs)*

### **19. Nursery Rhymes Theme: To Rhyming Land We Go**

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown. Used with permission)

Sung to the tune: "Farmer in the Dell"

To rhyming land we go, to rhyming land we go,

Hi ho the dairy oh.

To rhyming land we go.

*Then recite these verses repeating as above:*

1. Jack and Jill fell down ...*(Action: Gently fall to the ground and stand back up)*

2. Bo Peep has lost her sheep ...*(Action: Pretend to look out shielding eyes with hand)*

3. Boy Blue is fast asleep ...*(Action: Pretend to be sleeping by placing hands together and resting cheek on back of hand)*

4. The cat can play a tune...*(Action: Pretend to play a fiddle)*

5. The cow jumps over the moon ...*(Action: Jump forward)*

6. A star shines in the sky ...*(Action: Hold hands above head and wiggle fingers like stars twinkling)*

7. And now we'll say goodbye ... *(Action: Wave goodbye)*

### **20. Nutrition Theme: Picked a Strawberry**

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown. Used with permission)

Sung to the tune: "Oh My Darling Clementine"

Picked a strawberry

Picked a strawberry *(Action: Pretend to pick a strawberry)*

That was growing in the sun, *(Action: Touch hands above head to make a circle with arms)*

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Then I washed it, (*Action: Run hands together pretend washing*)

Then I ate it, (*Action: Pretend to eat*)

Then I picked another one. (*Action: Pretend to pick a strawberry*)

## **21. Ocean Theme: Waves at the Beach**

(From [www.preschooleducation.com](http://www.preschooleducation.com) submitted by Louise Dawson; printed with permission)

Sung to the tune: "The Wheels on the Bus"

The waves at the beach go up and down, up and down, up and down,

the waves at the beach go up and down, all day long.

(*Action: Move arms up & down 3 times along with the words*)

The crabs at the beach, crawl back and forth, back and forth, back and forth,

The crabs at the beach, crawl back and forth, all day long.

(*Action: Move arms back and forth 3 times along with the words*)

The lobsters at the beach go, snap, snap, snap; snap, snap, snap, snap, snap, snap

The lobsters at the beach go snap snap snap, all day long

(*Action: Touch all fingers to thumb like a hand puppet pretending to snap 3 times*)

The clams at the beach will open and shut, open and shut, open and shut,

The clams at the beach will open and shut, all day long.

(*Action: Touch all fingers to thumb like a hand puppet and open/shut them 3 times*)

The jelly fish go wobble, wobble, wobble; wobble, wobble, wobble, wobble, wobble, wobble, The jelly fish go wobble, wobble, wobble, all day long

(*Action: Wiggle body 3 times along with the words*)

## **22. Thanksgiving/Native Americans**

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown. Used with permission)

Sung to the tune: "Ten Little Indians"

Gather up the cranberries, Put them in the basket, Gather up the cranberries, Put them in the basket, Gather up the cranberries, Put them in the basket, It is Thanksgiving time.

*Repeat with "Gather up the nuts." You can use paper, plastic, or real food as props to pick up.*

## **23. Thanksgiving Turkeys Theme: Did You Ever See a Turkey?**

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown. Used with permission)

Sung to the tune: "Did You Ever See a Lassie?"

Did you ever see a turkey, a turkey, a turkey?

Did you ever see a turkey go this way and that?

Go this way and that way and this way and that way.

Did you ever see a turkey go this way and that?

## **24. Transportation Trains**

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown. Used with permission)

Sung to the tune: "Row, Row Your Boat"

*Action: Children can make train motions while singing the song by moving their arms back and forth with elbows bent.*

Ride, ride, ride the train.

Quickly down the track.

Clickety, clickety, clickety, clack.

When will you be back? (*repeat several times*)

## **25. Valentine's Day**

(From [www.preschooleducation.com](http://www.preschooleducation.com); original author unknown. Used with permission)

Sung to the tune: "Skip to My Lou"

Red hearts, red hearts, take a bow

Yellow hearts, yellow hearts, take a bow

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Blue hearts, blue hearts, take a bow  
Now all hearts jump up right now.  
Yellow hearts, yellow hearts touch the ground  
Blue hearts, blue hearts touch the ground  
Red hearts, red hearts touch the ground  
Now all hearts turn round and round.  
Blue hearts, blue hearts, wit right down  
Red hearts, red hearts, sit right down  
Yellow hearts, yellow hearts sit right down.

*Actions: Pass out red, yellow and blue paper hearts to the children. Have them follow along with the actions to match their paper heart color.*